

Halcyon

therapeutic massage & bodywork LLC

Book Club



Halcyon Therapeutic Massage & Bodywork, LLC is organizing a Book Club. The members will receive 20% off all books sold at Halcyon. (Minimum of 12 books purchased per year.) We will read one book per month, with the opportunity for group discussion of the book. The plan is to hold the first discussion in November 4, 2007. Everyone is welcome to be a member of the club, yet reservations will be required to come to the discussion groups. Our gatherings will be held in Augusta with a small fee for a private lunch/dinner.

Halcyon believes strongly in the importance of taking care of self with the many tools we have available to us. The purpose of this club is to enjoy books as well as for you to take the time explore new topics, reflect inward, create relationships and have fun. The book topics will include inspiration, self-reflection, personal growth and fictional stories.

Please contact Brenda Johnson at 636-221-1252 or kbjohnson0405@sbcglobal.net or Kathy Kessler 636-482-4079 or halcyonmassage@earthlink.net if you are interested in participating.

296 Webster Street - Augusta, Missouri 63332 - 636.482.4079

Halcyon

therapeutic massage & bodywork LLC

Book Club



OCTOBER

Life Is Short Wear Your Party Pants by Loretta LaRoche

This book helps you to lighten up and overcome stress in your life by using optimism and humor. The author blends common sense and contemporary research to help you take stress and turn it into strength.

NOVEMBER

You Can Heal Your Life by Louise Hay

This book helps you discover your full potential for personal growth and self-healing. As you begin to release your negative, limiting beliefs & ideas, you can change your thinking and improve the quality of your life.

DECEMBER

A Year By the Sea by Joan Anderson

The subtitle "Thoughts of an Unfinished Woman" is the basis of this book about a year of self-discovery, which brought extraordinary changes to the author's life. You can learn to revitalize yourself and rediscover your potential. A VERY EASY READ!!!!!!

296 Webster Street - Augusta, Missouri 63332 - 636.482.4079